

Table comparing Executive and Primary Health screens.

Executive Health Screen	Primary Health Screen
Up to 45 minutes with the doctor or nurse	Up to 30 minutes with the doctor or nurse
Full Consultation to discuss any symptoms or concerns	Full Consultation to discuss any symptoms or concerns
Assessment of lifestyle including smoking, alcohol, nutrition, occupation and relationship; psycho-emotional well-being including stress, anxiety or depression.	x
Any current medical problems	Any current medical problems
Review of any previous screening checks	x
Review of any current medication and any allergies and past medical history	Review of any current medication and any allergies and past medical history
Discussion of family history and possible inherited risk factors	x
Full examination as follows:	Full examination as follows:
General appearance	General appearance
Height, weight, Body Mass Index and waist circumference	x
Pulse and blood pressure	Pulse and blood pressure
Eyes, ears, mouth and neck	x
Chest and lung examination	Chest and lung examination
Heart and cardiovascular examination	x
Abdomen examination	Abdomen examination
Muscle, bones, joint and back where indicated	x
Skin check where indicated.	x
Optional urogenital examination (men) or gynaecological examination (women) Optional breast examination (women)	Other examination as appropriate in relation to presenting symptoms.
ECG to measure the heart	x
Urine test	x
Blood tests for anaemia, blood count, biochemistry, kidney, liver, cholesterol, diabetes, thyroid, gout and infection	Blood tests for anaemia, blood count, biochemistry, kidney, liver, cholesterol, diabetes, thyroid, gout and infection

<p>markers. Prostate Test for older men</p> <p><i>Please note you should ideally not eat for 6 hours prior to this type of blood test. You may drink water.</i></p>	<p>markers. Prostate Test for older men</p> <p><i>Please note you should ideally not eat for 6 hours prior to this type of blood test. You may drink water.</i></p>
<p>Full medical report including recommendations for lifestyle changes Explanation of test results Referral to other specialists if required.</p>	x
<p>Where clinically indicated, the doctor may also examine moles, do a hearing or eyesight test or neurological examination</p>	x
<p>Other tests may be carried out for an additional fee including smear and gynaecological assessment, mammography, chest X-ray, lung function test, stool test for bowel cancer, blood test for ovarian cancer, HPV test for cervical cancer risk, vitamin D blood test, vitamin deficiency, exercise ECG, pelvic ultrasound, abdominal ultrasound, other scans including CT/MRI, HIV test, sexual health screening, Hepatitis B or C screening, semen analysis for men, allergy testing, Rheumatology tests, hormone and fertility tests, ovarian reserve, bone density, colonoscopy or gastroscopy. Please phone or email for a price quote for additional tests</p>	