What vaccines do you need to travel?

What are the most commonly recommended travel vaccines are against diphtheria, tetanus, polio, hepatitis A and typhoid, normally available in just 2 shots.

Check with your embassy or government website for up-to-date travel advice for your chosen destination to avoid running into issues.

For more information, please visit samedaydoctor.org

Our Top Advice

- Always make sure you travel with a current travel insurance policy which covers you for the activities you will be doing whilst travelling.

- Another essential to check if yellow fever vaccine and certificates are required because this can cause an issue at the border if you are not carrying the correct documentation.

- Although the average immune response will take around 7-14 days after being vaccinated, it is important to get vaccinated at least 4-6 weeks before you travel.

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Are you travel ready?

- Passport
- Travel Tickets
- Travel Insurance
- Visa
- Money & Cards
- List of Emergency Contacts
- Medication
- Clothing
- Mobile Phone
- Electronics
- Chargers & Adapters
- Toiletries
- Toothbrush
- Sunscreen
- Hand Sanitiser

Top 10 Destinations

1. Costa Rica
2. Uruguay
3. The Netherlands
4. Portugal
5. Croatia
6. Bulgaria
7. Sri Lanka
8. Japan
9. Zambia
10. Thailand